



# THORPEDENE SCHOOL WEEKLY NEWSLETTER

ACHIEVING, CARING AND RESPECTING WITH CONFIDENCE

## ISSUE 15 : 17 JANUARY 2025

Another exciting week here at Thorpedene. We've seen a range of learning activities across the school including the following:

Year 5 have been learning about the planets and taking their learning outside, seeing the distances between the planets.

Year 1 and Year 2 have been creating their own stories this week, using lots of different adjectives and verbs to describe their characters.

The school council met this week to discuss ways in which we can become Eco-friendly and how we can improve recycling - watch this space.

Earlier this week, we had the SECAT wide E-safety day where we participated in online sessions for all children to learn about the importance of being safe online and report any concerns. We hope parents found the parent session informative.

I'd like to also say a huge well done to the school football team who beat Friars 5-3!!



*Mrs. Frost*

Year 5 had fun on the playground learning about the Solar System and the orbiting of the planets!



In Explorers, the children had a go at making freshly squeezed orange juice. The children showed great use of their fine motor skills, perseverance, and teamwork when completing this activity.



### LET'S CELEBRATE!



THORPEDENE STARS THIS WEEK

ADALIA IN 2D FOR SHOWING KINDNESS AND **RESPECT** TOWARDS HER PEERS DURING LUNCH

OSKAR IN 2D FOR SHOWING **RESPECT** AROUND THE SCHOOL AT ALL TIMES, IN PARTICULAR FANTASTIC LINING UP AND WALKING

ASMIN IN 6S FOR SHOWING A CONSISTENTLY HIGH ATTITUDE TO HER WORK AND BEING READY TO **ACHIEVE** EVERY SINGLE MINUTE OF THE DAY!

# CARING RESPECTING ACHIEVING CONFIDENCE

### GET SOCIAL!

CLICK ON ICONS TO ACCESS  
OUR INSTAGRAM/TWITTER!





# WHAT ELSE IS GOING ON?

This week, Year 4 took part in a practical experiment for Science. Their topic is the human body and this week they focused on the digestive system. The children were able to understand how there are different parts of the digestive system and how food travels through their bodies. They had to start by using a rolling pin which represented teeth to mash up some biscuits and then it went into a plastic bag which was the stomach. In the bag, the children added some juice to show stomach acid and then poured that into some tights to represent the small intestine. They squeezed out all of the liquid which the body keeps for nutrients and then cut the bottom of the tights so the food could travel into the large intestine to then be disposed as waste. It was great to see how much the children enjoyed it!



In science this week, 3BLG were testing materials to see how they reflected. Their new topic is light, so they used torches to see which was most reflective.



Year 6 have recently been having sessions delivered by the Essex Fire Service all about respecting those around us, staying safe and the consequences they could face if they make poor choices as they get older. We hope the message is clear and the children take on board the advice given.



## THOUGHT FOR THE WEEK



**YOUR ATTITUDE DETERMINES YOUR DIRECTION!**



## ATTENDANCE

MATTERS AT THORPEDENE!



Congratulations to 2A for getting 99% attendance and 6M, 5N, 3W, 1N, 5W and Puffins for reaching the national attendance target of 96%

Class	%
2A	99%
6M	98%
5N	98%
3W	98%
1N	97%
5W	96%
Puffins	96%
4B	93%
4H	93%
6SR	93%
6S	93%
4C	92%
3S	92%
Swans	91%
2D	90%
3BLG	90%
<b>Total</b>	<b>93.3%</b>

### LATES

We have noticed this week that there have been many children arriving late. When your children are late it can affect both their academic learning and also socially and emotionally.

School gates open between 8.35am and 8.45am

All children should be in their classes by 8.45am every morning ready to learn.

## CONTACT US



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## COMMUNITY NOTICEBOARD

**THORPEDENE PARENTS ASSOCIATION**

# DISCO

**MONDAY 10TH FEBRUARY 2025**

EYFS/YR1/YR2 16.00-17.00  
YR3/YR4/YR5/YR6 17.15-18.15

**£3 PER TICKET - INCLUDES A SNACK & DRINK**

TICKETS AVAILABLE FROM A PA MEMBER OUTSIDE THE SCHOOL OFFICE BEFORE/AFTER SCHOOL FROM 20TH JANUARY  
OR  
FRIDAY'S TUCK SHOP AFTER SCHOOL FROM 31ST JANUARY (LIMITED TICKETS AVAILABLE)  
TICKETS ARE NON REFUNDABLE

**TUCK SHOP ITEMS AVAILABLE FROM 20P - £2**  
PLEASE ENSURE MONEY IS IN A PURSE/WALLET/MONEY BAG

### CHINESE NEW YEAR MENU

FRIDAY 31st JANUARY 2025

**MAIN**

STIR FRY HALAL CHICKEN WITH VEGETABLES  
SERVED WITH EGG FRIED RICE OR CHIPS  
CURRY SAUCE OR SWEET & SOUR SAUCE  
VEGETABLE SPRING ROLL

STIR FRY QUORN PIECES WITH VEGETABLES  
SERVED WITH EGG FRIED RICE OR CHIPS  
CURRY SAUCE OR SWEET & SOUR SAUCE  
VEGETABLE SPRING ROLL

**DESSERT**

MANGO SORBET  
OR  
EXOTIC FRUIT COCKTAIL

**YOU'RE INVITED**  
to join us at  
**SEND THE RIGHT MESSAGE CHARITY**  
and listen to experts share their neurodivergent knowledge.

## SEND GUEST TALK

This informal session allows you to confidently learn from our guests in a welcoming atmosphere, broaden your insights, and feel empowered to understand and support your child.

**FREE event**

**WEDNESDAY 5TH FEBRUARY 2025**

**MENTAL HEALTH Q+A WITH TANIKA FARMER**

AT  
**ST MARY'S CENTRE, EAST HALL, SOUTHELD, SS2 6JT**

**10 AM - 12 PM**

Bookable for Southend, East Park, Redford District-registered members. Publicly held fee (except for over-18s) are welcome.

Info@strmsupport.co.uk | 07389 068 827 | www.strmsupport.co.uk

### Bouldering Club Sessions

**Give it a go! Bolder anyone?**  
Wednesday 7th Feb  
Time: 4.30pm - 5.30pm  
Age: 6-17yrs  
Bookable at the membership shop.

**Have you started bouldering already?**  
Join our bouldering club to improve your skills, meet other members and enjoy the challenge of a new sport.

**Join the bouldering club!**  
Following the launch session, we welcome you join the bouldering club with weekly sessions at Redford Leisure Centre, Wednesday, 5th to 11th Feb.  
Time: 4.30pm - 5.30pm  
Age: 6-17yrs  
Bookable at the membership shop.

**Why Bouldering helps?**  
In partnership with Invoxx, we provide complimentary bouldering sessions for children and young adults who are neurodivergent and/or have disabilities. These sessions can benefit children and young people with neurodevelopmental conditions, such as Autism and ADHD, who may struggle with social and emotional communication, self-regulation, and executive functions. Bouldering can help build motor skills, self-confidence, balance, core strength, and self-confidence, amongst a host of other things.

**What are the signs of dysregulation?**  
- difficulty managing frustration  
- emotionally reactive behaviour  
- socially isolated/withdrawn  
- engaging with problem solving

Children and young people who are autistic or have a mental health condition may find bouldering a great way to improve their skills and confidence. Their ability to solve a problem can be a great achievement.

**Book a session:**  
- Bouldering Club (10.00)  
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Free STRM charity membership registration is required before booking.

Watch our YouTube video about our Bouldering Club at redford.

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## Swim School

# Now enrolling for 2025!

Learn to swim in a safe, friendly and fun atmosphere

**Shoeburyness Leisure Centre**

- Learn a life-saving skill
- Great value
- Swim England approved
- High quality teachers
- Fun & safe environment

**INCLUDES FREE GENERAL SWIMMING\***

Ask at reception or book a call back:  
[fusion-lifestyle.com/swimschool](http://fusion-lifestyle.com/swimschool)

**01702 293558**

Limited places! Don't miss out...

fusion





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## DATES FOR YOUR DIARY

DATE	EVENT
23/1/25	Swans Enrichment session
29/1/25	5N Class assembly - Starboard Hall – 9.05am
31/1/25	EYFS / Year 1 Explore With Me session - 2.15-3.15pm
5/3/25	Puffins Enrichment session
12/3/25	3S Class Assembly - Starboard Hall – 9.05am
14/3/25	EYFS / Year 1 Explore With Me session - 2.15-3.15pm
19/3/25	1N DT Enrichment session
26/3/25	4C Class Assembly - Starboard Hall – 9.05am
2/4/25	5W Class assembly - Starboard Hall – 9.05am
30/4/25	3W Class assembly - Starboard Hall – 9.05am
7/5/25	3BLG Class Assembly - Starboard Hall – 9.05am
9/5/25	EYFS / Year 1 Explore With Me session - 2.15-3.15pm
27/6/25	EYFS / Year 1 Explore With Me session - 2.15-3.15pm

